

Helpers in Your Community (KeepSafe Connections)

KeepSafe Connections are **Able, Approachable, and Available** to help with suicide. They know how to do suicide first aid (trained in suicide intervention). Different kinds of helpers in your community may have this training but some may not. It is best to check before adding them to this list.

775.784.8090 Crisis Support Services of Nevada
(CSSNV)

CRISIS (DISTRESS) CENTER

988 (still operating: 1.800.273.8255) Nat'l Suicide

*English press 1, Spanish press 2
Prevention Lifeline/Veteran's Hotline

SUICIDE PREVENTION CENTER

Text "CARE" to 839863 (CSSNV) or "HOME" to
741741 (Crisis Text Line)

TEEN LINE

1.775.221.7600 Sexual Assault Hotline (CSSNV) or
Text "SASS" to 83986

775.720.0007 Community Chest Domestic Violence
Line

775.296.8336 NAMI Teen Text Line

RAPE/SEXUAL ASSAULT CENTER

1.800.799.7233 Nat'l Domestic Violence Hotline

DOMESTIC VIOLENCE HOTLINE

1.800.656.4673 Nat'l Sexual Assault Hotline (RAINN)

SEXUAL ABUSE HOTLINE

785.8600 Washoe County Social Services

833.900.SAFE (7233) Child Welfare/CPS

1.800.992.5757 (CSSNV) (CPS after-hours)

CHILD ABUSE HOTLINE

911

POLICE

911

PARAMEDIC EMERGENCY MEDICAL SERVICES UNIT

775.688.1670 NV Mobile Crisis Response Team

775.688.2001 No. NV Adult Mental Health Services

775.686.8302 TMCC-Counseling

MENTAL HEALTH CRISIS

911

HOSPITAL EMERGENCY SERVICES

775.322.3466-- A Safe Embrace (Women and Children

only) 775.329.4150 Domestic Violence Resource
Center

EMERGENCY SHELTERS

1.800.536.4588 - SafePlace

YOUTH SHELTER

775.378.2775 Family Behavioral Health

775.393.2200 Reno Behavioral Healthcare Hospital

775.688.2090 NNAMHS (Northern Nevada Adult
Mental Health Services)

775.847.9311 Community Chest Inc

MENTAL HEALTH OUTREACH CLINIC

688.1670 NV Child and Family Services Mobile Crisis

CHILDREN/YOUTH PSYCHIATRIC CLINIC

775.329.6300 Community Health Alliance

775.786.4673 No. Nevada Hopes

MEDICAL CLINIC

775.786.4673 No. Nevada Hopes

AIDS INFORMATION AND TESTING SITES

775.688.1600 Children's Behavioral Health Services

CHILDREN'S SERVICES OFFICES

775.673.7060 TMCC Counseling Center

877.234.5151 LifeWorks (NSHE)

775.445.3267 WNC Student Services

775.353.6950 Education Alliance, Washoe County

775.784.4648 – UNR Counseling Services

775.682.5515- UNR Downing Clinic

SCHOOL STUDENT SERVICES

775.856.6200 Children's Cabinet

CHILD CARE REFERRALS

775.856.6200 Children's Cabinet

PARENT TRAINING

Family Resource Centers

No. Valleys-775.677.5437

Central Reno-775.321.3185

Northeast Reno-775.337.9979

Sparks-775.353.5733

Sun Valley-775.674.4411

FAMILY SUPPORT SERVICES

775.525.3400 Rise Wellness

@renodbsa (Instagram) Reno Depression Bipolar

Support Alliance

SELF HELP GROUPS

775.825.4357 Join Together No. Nevada (JTNN)

NRAP (Recovery & Prevention)- UNR 775-784-6224

800.450.9530; text "IMREADY" to 839863 Substance

Use Disorder Hotline (Nevada Resilience Project)

SUBSTANCE ABUSE

775.355.1151 No. NV Intergroup of Alcoholic

Anonymous

ALCOHOLICS ANONYMOUS

775.241-4212 (NAMI) (non-crisis) www.nami.org

MENTAL HEALTH ASSOCIATION

No Insurance Required to Be Seen:

A Child's World 775.322.4650
Alliance Family Services 775.387.3004
Amber Creek 775.284.9888
American Comprehensive Counseling Services
775.356.0371
Children's Cabinet 775.352.8090
Clover Counseling 775.354.3819
Community Health Alliance 775.329.6300
Downing Clinic at UNR 775.682.5515
Great Basin Behavioral Health 775.453.4134
Health Psychology Associates 775.448.6828
Koinonia Family Services 775.826.3774
Maple Star 775.677.2216
Mill Street Care Center 775.501.8655
Northern NV Child and Adolescent Services
775.688.1600
Northern Nevada HOPES 775.786.4673
Pacific Behavioral Health 775.287.8270
Quest Counseling 775.786.6800
Renown Behavioral Health.775.982.5419
Rise Wellness 775.525.3400
SAI Mental Health 775.800.1136
Serenity Mental Health 775.841.6050
Thrive Wellness 775.525.8103
Vitality Unlimited 775.322.3668
Zephyr Wellness 775.525.1616

Options for Those with Insurance:

Alliance Family Services 775.387.3004
Amber Creek 775.284.9888
Child, Adolescent & Family Counseling Center
775.826.1002
Clover Counseling 775.354.3819
Downing Clinic at UNR 775.682.5515
Family Behavioral Health 775.378.2775
Great Basin Behavioral Health 775.453.4143
Healing Minds 775.448.9760
Health Psychology Associates 775.448.6828
Koinonia Family Services 775.826.3374
Maple Star 775.677.2216
Pacific Behavioral Health 775.287.8270
Renown Behavioral Health 775.982.5419
Rise Wellness 775.525.3400
SAI Mental Health 775.800.1136
Sierra Sunrise Wellness 775.440.1256
Thrive Wellness 775.525.8103
True North 775.870.5027
Vitality Unlimited 775.322.3668